

MENU 2

WEEK OF \_\_\_\_\_

Date:	_____	_____	_____	_____	_____	_____
Day:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast on request	sliced banana rice krispies *1% milk	sliced apple cheerios *1% milk	sliced oranges corn flakes *1% milk	sliced banana rice krispies *1% milk	sliced apple cheerios *1% milk	
Breakfast	grape juice rice krispies *1% milk	apple juice cinnamon toast *1% milk	sliced oranges corn chex *1% milk	sliced banana buttered english muffin *1% milk	sliced apple cheerios *1% milk	slice oranges corn flakes *1% milk
Lunch	tuna noodle casserole cheese topping peas apple sauce *1% milk	ground beef/ cheese pizza english muffin broccoli banana *1% milk	grilled ham/cheese sandwich tomato soup sliced oranges *1% milk	goulash w/ ground turkey macaroni corn sliced apple *1% milk	sweet/sour pork w/ fresh ***mixed vegetables rice cantaloupe *1% milk	beef & celery carrot potato soup rice **fruit cocktail *1% milk
Afternoon snack	vanilla cookies *1% milk	saltines cheese water	sliced banana cheerios *1% milk	graham crackers *1% milk	celery w/ cottage cheese water	peanut butter slice apple water
Dinner	chicken gravy mashed potatoes cheese cubes biscuits peaches *1% milk	tacos w/ ground turkey lettuce / celery tomatoes taco shells cheddar cheese apple *1% milk	chicken stew celery/carrots rice pineapple *1% milk	cheese crisp ***mixed veggies *fruit cocktail flour tortilla *1% milk	chicken salad sandwich carrots/celery w.w. bread orange *1% milk	veggie sandwich w/ cheese cucumber tomato lettuce w.w.bread *1% milk

This Institute is an Equal Opportunity Provider and Employer

juice = 100% juice; ww = Whole Wheat

\*\*\*\*Water is offered and made available with all meals\*\*\*\*

\*Whole Milk will be provided to children 1 yr. of age, and 1% will be provided for all children 2 yrs. of age and older.

\*\*Fruit Cocktail -- Pears, Peaches, Seedless Grapes, Pineapple, Cherry Halves

\*\*\*Mixed Veggies -- Carrots, Potatoes, Sweet Peas, Corn, Green Beans, Lima Beans, Celery